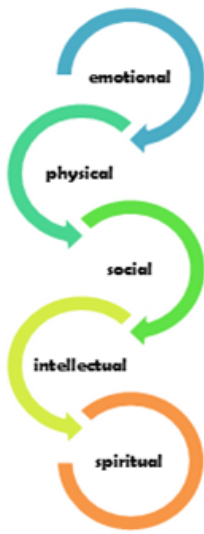


wth

what the health!?



Join us for
Wellness Week,
**April 6th – April
10th**



Follow us on Twitter
@CHEPMU or “like” our
Facebook page and
post a picture of you at
any Wellness Week
event to get a **FREE t-
shirt**. Don't forget to tag
us! Stop by the Montour
House during the week
to show our staff your
post and pick up your
shirt. Limited to first 50
students!

Questions?

Contact the Center for Health
Education and Promotion:
(717) 872-3841 or
brooke.fisher@millersville.edu
Check our website often for
any updates or changes.
<http://www.millersville.edu/health-education/>

ELSIE S. SHENK

Center
for
**Health Education
& Promotion**

Monday, April 6th

8 a.m. – 10:30 p.m.	Fitness Center Triathlon	SMC Fitness Center
11 a.m. – 3 p.m.	DUI Education	Bookstore Lobby
12 p.m. – 12:50 p.m.	Getting Financially Fit	SMC, Rm. 18
4 p.m. – 6 p.m.	Healthy Foods	Outside Juice Bar

Tuesday, April 7th

8 a.m. – 10:30 p.m.	Fitness Center Triathlon	SMC Fitness Center
11 a.m. – 1 p.m.	Stimulants Don't Make You Smart	Bookstore Lobby
11 a.m. – 1 p.m.	Hummus Bar	North Side Bistro Lobby
11 a.m. – 3 p.m.	DUI Education	Bookstore Lobby
12:30 p.m. – 2:30 p.m.	Nail Polish Table	Outside SMC
2 p.m. – 4 p.m.	Therapy Dogs	SMC Atrium
4 p.m. – 6 p.m.	Open Climb	Ropes Course
6 p.m. – 9 p.m.	RAD**	Byerly Hall, Rm. 100
6:30 p.m. – 9:30 p.m.	Treasure Hunt**	Pucillo Gym

Wednesday, April 8th

8 a.m. – 10:30 p.m.	Fitness Center Triathlon	SMC Fitness Center
10 a.m. – 2 p.m.	Budgeting Education and Trivia	Bookstore Lobby
11 a.m. – 1 p.m.	Wellness Wednesday	Outside Montour House
11 a.m. – 1 p.m.	Wheel of Fortune of Health	Outside Galley
4 p.m. – 6 p.m.	Open Climb	Ropes Course
5 p.m. – 7 p.m.	Let It Go Balloon Release	SMC Promenade
7 p.m. – 9 p.m.	Movie Showing: "Fed Up"	SMC MPR

Thursday, April 9th

8 a.m. – 10:30 p.m.	Fitness Center Triathlon	SMC Fitness Center
10 a.m. – 2 p.m.	Budgeting Education and Trivia	Bookstore Lobby
10 a.m. – 12 p.m.	Pregnancy Education	Juice Bar Lobby
11 a.m. – 1 p.m.	Hummus Bar	North Side Bistro Lobby
11 a.m. – 3 p.m.	DUI Education	Bookstore Lobby
12 p.m. – 1 p.m.	TBT Hotshot Soccer	SMC Promenade
4 p.m. – 6 p.m.	Open Climb	Ropes Course
6 p.m. – 9 p.m.	RAD**	Byerly Hall, Rm. 100
7 p.m. – 8 p.m.	ABC's of STI's	SMC, Rm. 118E
7 p.m. – 9 p.m.	Iron Chef Competition	Lehr Dining Room

Friday, April 10th

8 a.m. – 10:30 p.m.	Fitness Center Triathlon	SMC Fitness Center
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